



Get Fit! Feel Great!



ANNIVERSARY SALE SAVE 50% OFF

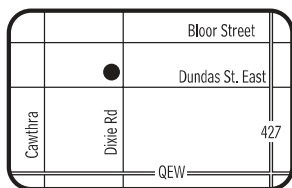
any Single or Family Gold Membership*



MEMBERSHIP INCLUDES

- ✓ Personal Fitness Programs
- ✓ All Fitness Classes includes pilates, yoga
- ✓ Cardio Equipment cardio theatre, mini tv's
- ✓ Circuit Training
- ✓ Strength Training / Free Weights
- ✓ Memberships includes use of 35 Premier Fitness Locations
- ✓ Swimming Pool / Steam Room
- ✓ Basketball Courts
- ✓ Cozy Locker Rooms / Private Showers
- ✓ Private Women's Club

FACILITIES VARY FROM LOCATION TO LOCATION



3100 Dixie Rd (at Dundas)

Phone: 905-896-2430

PREMIER FITNESS

mademoiselle WOMEN'S FITNESS

PLAYZONE Interactive Youth Fitness

*Offer expires September 30 2009. May not be used in conjunction with any other offer. Offer is based on the purchase of an annual membership plan. A \$50.00 fitness assessment fee applies to all memberships. Facilities may vary by location. Price are subject to G.S.T

www.premierfitness.ca